

Ars Electronica Home Delivery:

## Reduce digital stress, travel to the stars and meet a music-making robot

(Linz, 14.12.2020) Get tips and tricks for reducing digital stress, experience a visually stunning journey through the universe and get to know a musical robot that produces sounds and rhythms from household objects. This week, Ars Electronica Home Delivery will be delivering all this and much more from the worlds of art, technology and society directly to living rooms, kitchens, offices, children's rooms and classrooms. Viewers are invited to ask questions via Skype or YouTube comments.

**Science Talk: Digital stress - how it destroys us and what we can do about it**  
WED 16.12.2020 / 2:30 p.m.

Prof. Dr. René Riedl is professor for digital business and innovation at the University of Applied Sciences Upper Austria. His main interest is the neuropsychological effects of human interaction with digital technologies - especially in relation to stress, trust and emotions. During a Science Talk at Deep Space, the author of the book "Digital Stress: How it ruins us and what we can do about it" will talk about how conscious use of information and communication technologies can reduce digital stress.

**Update - AI& Music / Toc One - Moritz Simon Geist**  
WED 16.12.2020 / 09:30 a.m.

The music robot system Toc One explores the sound properties of physical objects. With its help, sounds and rhythms can be produced from countless materials - from drums to household objects to old car parts. The futuristic robot system was developed over three years and has already been tested in various settings, such as the Moog Festival, MIT Boston and the Elbphilharmonie concert hall.

**Deep Space LIVE: From the geocentric via the heliocentric to the cosmocentric world view**  
THU 17.12.2020 / 5 p.m.

At Deep Space LIVE, astrophotographer Dr. Dietmar Hager will give a historical overview of different world views - from the geocentric to the heliocentric to the cosmocentric world view. Then he will take you on a visually stunning journey into the depths of space ...

**Ars Electronica Home Delivery – supported by LINZ AG**

"Ars Electronica Home Delivery" is a weekly program that includes guided tours of Ars Electronica exhibitions, excursions to Ars Electronica Labs, visits to the Machine Learning Studio, concerts with real-time visualizations, deep space LIVE sessions, workshops with engineers and talks with artists and scientists from all over the world and, more recently,

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offerings for schools, universities and companies. Most programs are interactive and live. "Ars Electronica Home Delivery" aims to make the artistic and scientific examination of the future accessible to the broadest possible audience. Ars Electronica Home Delivery is supported by LINZ AG.

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